

JULIANA VIERA

Jv7

PROFESSIONAL URUGUAYAN
FOOTBALL PLAYER

LEFT-SIDED DEFENDER

STRENGTH.
ESSENCE.
IDENTITY.

THE LEFT SIDE
BELONGS TO HER



Left Back / Wingback
Built from roots. Made for more.



FOOTBALL CV

JULIANA VIERA

URUGUAYAN INTERNATIONAL

LEFT BACK | LEFT CENTER BACK | LEFT WING

- **DATE OF BIRTH:** May 8th, 2002 (24)
- **NATIONALITY:** Uruguay
- **HEIGHT:** 165 cm / 5'6"
- **WEIGHT:** 58 kg / 127.8 lbs
- **DOMINANT FOOT:** Left
- **LANGUAGES:** Spanish + English
- **LOCATION:** Greenville, North Carolina, USA

CURRENT TEAM / CAREER



2023 - MAY 2026
East Carolina University
NCAA DIV 1

- Team Capitan | Starter | Left Center-Back
- AAC Conference Champions | 2024
- AAC All-Conference 3rd Team Honors 2024

CLUB | DEVELOPMENT

2024 - Current

Asheville City SC

USL W League
• Seasonal

2021 - 2022

Oklahoma Wesleyan University
NCCAA + NAIA Div + KCAC

2020 - 2022

Club Nacional de Futbol Uruguay

2015-2020

Liverpool Futbol Club Uruguay

Team Capitan 2025 | Starter | Left Center-Back
Undeafated Southeastern Conference Champions
Regional Champions 2025
Reached USL W Semifinal 2025

Starter | Left Wingback
KCAC Regular Season Champions
KCAC Tournament Champions
First Team KCAC

Starter | Left Wingback
CONMEBOL Desafio Cup
4th Place Copa Libertadores 2021

Team Captain | Starter | Left back + Left Wing
Multiple U-19, U-16 & U-14 Champion Titles
CONMEBOL South American Development Cup

EDUCATION

Bachelor of Science in Sport Studies
Minor: Leadership Studies

Jv7



THE LEFT SIDE BELONGS TO HER

BUILT ON RESILIENCE+TACTICAL CLARITY

INTERNATIONAL CAREER

2023 - Current SENIOR - URUGUAY WOMEN'S NATIONAL TEAM



Starter | Left Wing | Left Back
CONMEBOL Liga de Naciones | 2025/2026
CONMEBOL Copa América | 2025
Qualified to Pan-American Games | 2026
FIFA Women's World Cup Qualifiers | (2027)

2019 - 2022 U-20 - URUGUAY WOMEN'S NATIONAL TEAM



Starter | Captain | Left Back | Left Center-Back
CONMEBOL South American Cup | 2022
CONMEBOL South American Cup | 2020

2017 - 2018 U-17 - URUGUAY WOMEN'S NATIONAL TEAM



Starter | Captain | Left Back
FIFA Women's World Cup | 2018
Training Camp in Kunming, China | High-performance center at 2000 mts above sea level | 2018

KEY STRENGTHS

Team Leader + Conflict Resolution
Left-footed profile + Tactical reading
Strategic Planning + 1vs1 defending
Communication + Anticipation Distribution

MENTAL PROFILE

Resilient + Competitive
Disciplined + Composed
Adaptable + Quiet leader
High-pressure decision maker



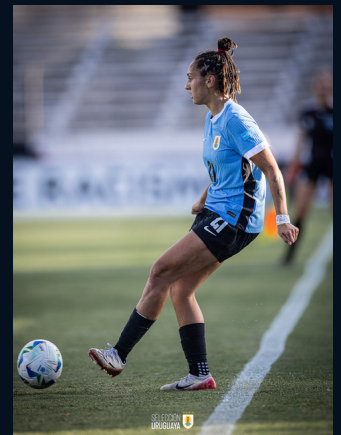
COMMERCIAL PROFILE

Uruguayan international with USA market presence, Latina athlete identity, and authentic lifestyle appeal across sport, music, fashion, and wellness



OFF-PITCH

Football • Mate • Music • Art • Nature • National Pride



HIGHLIGHTS

2026 FIFA WWC QUALIFIERS | Uru vs Ecu - [CLICK Here](#)
 2025 UNIVERSITY: <https://youtu.be/VFhnu789H60>
 COPA AMERICA 2025: <https://www.youtube.com/watch?v=47rkRLCDjOQ&feature=youtu.be>

SOCIALS

IG JULIVIE7
 X JULI_VIERA7

